



2011-2012 Indoor Training with Far Post!

Far Post offers various indoor training programs for players looking to improve their skill, understand the game better and enjoy the “beautiful game.” All programs are coached by Todd Kingsbury. All programs start the first week of November and run for six weeks.

Far Post Juniors (4 to 6 year olds) – Thursdays from 4-5pm – Cost \$100
Starting November 3, 2011

School of Excellence (U12s) – Thursdays from 6-7pm – Cost \$125
Starting November 3, 2011

School of Excellence (U8 & U10s) – Cost \$150
Starting November 8, 2011

Junior Academy (U12 & U14) - Cost \$125
Girls - Starting November 7, 2011
Boys - Starting November 9, 2011

Far Post Fitness - Speed & Agility Training – Tuesdays from 5-6pm – Cost \$75
Starting November 8, 2011



For more details, go to the Far Post website under CAMPS. All training will be held at the Far Post Indoor Center at the Champlain Valley Exposition in Essex Junction.

To register, email Todd Kingsbury at todd@farpostsoccerclub.com.

