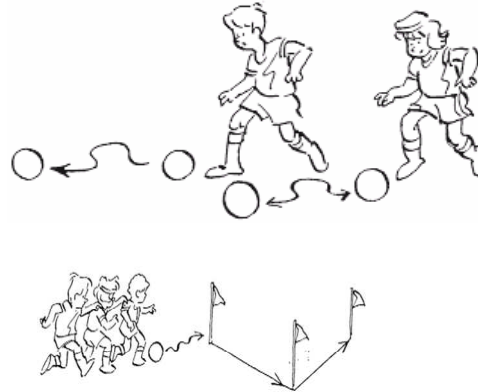


# FAR POST SOCCER CLUB

## Advanced Juniors Program

Far Post **Advanced Juniors** is a stepping stone from our **Far Post Juniors** program to our **U8 Travel Team**. It is a fun introduction for the more experienced **or** older Junior (5-7 year olds) players to the world of soccer through activity based programs year round. The emphasis is on a "Games Based" approach to coaching soccer. Practices will simulate aspect of the game so that players can become more comfortable with the real game. Our goal is to let them be active, but with a purpose. Practices will include skill work and fun games to practice the skills. All practices will end with 20 minutes of small sided soccer games. We have changed the time and dates for these sessions – Sessions will be held on Tuesday afternoons from 4-5pm at The Soccer Center at the Champlain Valley Exposition, Essex Junction.



## 2009-2010 Advanced Junior's Indoor Schedule

Advanced Juniors		
January-February		
Tuesday	11-Jan-10	4-5pm
Tuesday	18-Jan-10	4-5pm
Tuesday	25-Jan-10	4-5pm
Tuesday	1-Feb-10	4-5pm
Tuesday	8-Feb-10	4-5pm
Tuesday	15-Feb-10	4-5pm
March-April		
Tuesday	8-Mar-10	4-5pm
Tuesday	15-Mar-10	4-5pm
Tuesday	22-Mar-10	4-5pm
Tuesday	29-Mar-10	4-5pm
Tuesday	5-Apr-10	4-5pm
Tuesday	12-Apr-10	4-5pm

**Location:** Advanced Juniors will be held at Champlain Valley Exposition (in the Robert E. Miller Complex, North Building), 105 Pearl Street, Essex Junction.

**Cost:** \$100 per player

**What to Bring:** Indoor soccer shoes (flats or turfs) or sneakers plus water.

**Registration Deadline:** Deadline to register is ONE WEEK PRIOR to first day – Payment MUST be received by the Far Post Soccer Club office, by this date, to guarantee registration. Acceptance is on a first come, first served basis until session is full. No refunds after this date.

**To register.** Simply email Todd Kingsbury at [todd@farpostsoccerclub.com](mailto:todd@farpostsoccerclub.com)