



## First Touch Summer Soccer Camp August 23-27, 2010

**Where – Dorset Park in South Burlington**

**Ages – 5-14 year olds**

**Times – 9:00am to 12:00pm**

**Cost – \$150.00 per player**

Far Post's **First Touch Camp** is held the week before most Elementary and Middle schools begin. The curriculum is specially designed to prepare your son or daughter for their 'first touch of the season,' i.e., Middle School or Club level tryouts. If your son or daughter is trying out for the Middle School team for the first time, the First Touch Camp offers confidence, fitness and technique boosting exercises to prepare them for this new experience.

If your son or daughter is considering trying out for Far Post for the first time, the First Touch Camp is an excellent opportunity to be "seen" by the club prior to tryouts. If you're a club player looking to make one of the Far Post Travel Teams, the First Touch Camp will send you into tryouts with confidence, a good touch, and a competitive edge.

All players receive a camp T-shirt and a Far Post ball.

**Registration Deadline:** Deadline to register is ONE WEEK PRIOR to first day of session. The Far Post Soccer Club office **MUST** receive payment by this date to guarantee registration. Acceptance is on a first come, first served basis until session is full. No refunds after this date. Payments may be made online off the Far Post website or by sending a check in the mail (please make checks payable to Far Post Soccer Club) to the following address:

Far Post Soccer Club  
P.O. Box 5575  
Essex Junction, VT 05453

**To register:** Email Todd Kingsbury ([todd@farpostsoccerclub.com](mailto:todd@farpostsoccerclub.com))