

FAR POST SOCCER CLUB

What is 8v8?

Why Play 8v8?

We offer two different types of leagues at Far Post: Futsal and 8v8. 8v8 is similar to the popular 7v7 game offered by The Soccer Center over the past few years.

Our goal is to improve player's technical and tactical abilities through these leagues and to offer different levels of play for all of our players and teams. Far Post's 8v8 game is a combination of Futsal and the boarded game, where players demonstrate good technical ball skills while playing in a larger playing area with a real soccer ball.

The Benefits of 8v8

- *Fun* - Players enjoy the challenge of playing a fast paced skill oriented game that tests their abilities. With our larger playing field, players can apply technical and tactical skills needed for the outdoor 11v11 game.
- *Ball Control* - With 8v8, the emphasis is clearly on control and technique. Without control and technique you cannot expect to succeed in 8v8. With the larger playing area, boundary lines, and constant opponent pressure, improved ball control skills are required.
- *Speed of Play* - With an appropriate sized space and number of players, players will have to play and think quicker, thus improving their "speed of play" and "speed of thought", all of which are essential at the higher levels of play.
- *Continuity of Play* - Action is continuous so players are forced to continue play in support of their teammates.
- *Mandatory Support* - Without a wall as a crutch, players must make supporting runs when their teammates have the ball. With only 6 field players on the field and always needing the proper support positions offensively and defensively, a player will instinctively learn better spacing, passing and general tactics from playing 8v8. Players without the ball must move to space and must truly support their teammates.
- *Framing the Goal* - The goal and Penalty Area are a perfect size for narrowing the angle so teams learn to frame the goal to score goals.
- *Knowledge* - With six court players and all the basic options of the outdoor game, players' understanding of the game is enhanced.
- *Encouraged Learning* - The rules of 8v8 encourage playing a skilled game by punishing all physical contact fouls.
- *Rewards* - 8v8 rewards the same basic skills, tactics and knowledge of the game as the 11v11 outdoor game.
- *Insurance* - Every player, coach and referee registered with the indoor league is covered by an insurance policy. Very few indoor soccer facilities offer their players any insurance coverage at all. All youth players will be insured through the Vermont Soccer Association, and all adults (19 years old and older) will be insured through the Vermont State Soccer Association.
- *Cost* - Many people think the cost of indoor soccer is expensive, but when compared to other activities it is actually quite reasonable. Depending on the number of players, the average cost per player for a night of soccer is around \$10.00. Compare this to going to the movies along with the customary snack and drink, the price is very reasonable and healthier.

If you are serious about skills and technique development, The Soccer Center's 8v8 game is the superior activity. Feel free to visit our facility and check out a game!